# College of Professional and Continuing Studies University of Oklahoma LSTD 3003 - Interdisciplinary Inquiry

# Unit 8.1 Interdisciplinary Critical Analysis Essay

Maslow's Hierarchy of Needs

# Self-Actualization

(morality, creativity, acceptance, experience purpose, meaning and inner potential)

#### **Esteem Needs**

(confidence, achievement, respect of others, the need to be a unique individual)

#### Love Needs

(friendship, family, intimacy, sense of connection

## **Safety Needs**

(health, employment, property, family and social stability)

## **Physiological Needs**

(breathing, food, water, shelter, clothing, sleep)

- 1. This paper will require a minimum of 3 sources. You must use the article *A Theory Of Human Motivation* by Abraham Maslow as one of your sources. One will be from the unit 7.3 bulletin board that was posted by another student. The final (3rd source) will be one that you found on your own.
- 2. Write an 8-10 page interdisciplinary critical analysis essay as described in the instructions below.
- 3. Use APA formatting as described in the PACS APA style guide found at the APA student resource page, for information on how to correctly format and cite your writing assignments: <a href="https://canvas.ou.edu/courses/122820">https://canvas.ou.edu/courses/122820</a>
- 4. Cite all 3+ resources in the "References" section at the end of your paper.
- 5. Proper use of in-text citation is required. (see the PACS APA style guide for proper use of on in-text citations).

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FORMATTING: Double spaced, Times New Roman font, 12 point text, and one inch page margins. College level writing is expected. The paper will be graded, in part, for content, grammar, spelling, punctuation, and sentence structure.

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### INTRODUCTION (1 page)

• Capture the attention of the reader with an introduction, ending with a strong thesis statement centered around these two questions: Does Maslow's research reveal to us that in order to achieve our full potential we need to be an interdisciplinary person and thinker? Why or why not? Be specific and explain your answers. Does Maslow's research reveal to us that the key to self-actualization is interdisciplinarity? (see CONCLUSIONS section for more details.)

## BODY (6-8 pages)

The bulk of your paper should be in evaluating each of Maslow's needs levels. Each level should contain the following.

- Basic (Physiological) needs (1-2 pages)
  - o An overview of the basic physiological needs.
  - o Discuss how other disciplines are using this level as described in the articles.
  - o Give your personal reflection and insights about this level of needs. How does it relate to your life?
- Safety needs (1-2 pages)
  - o An overview of the safety needs.
  - o Discuss how other disciplines are using this level as described in the articles.
  - Give your personal reflection and insights about this level of needs. How does it relate to your life?
- Love and belonging needs (1-2 pages)
  - o An overview of the love and belonging needs.
  - o Discuss how other disciplines are using this level as described in the articles.
  - Give your personal reflection and insights about this level of needs. How does it relate to your life?
- Esteem needs (1-2 pages)
  - o An overview of the esteem needs.
  - o Discuss how other disciplines are using this level as described in the articles.
  - o Give your personal reflection and insights about this level of needs. How does it relate to your life?
- Self-Actualization needs (1-2 pages)
  - o An overview of the self-actualization needs.
  - o Discuss how other disciplines are using this level as described in the articles.
  - Give your personal reflection and insights about this level of needs. How does it relate to your life?

#### CONCLUSIONS (1 page)

By its very nature Abraham Maslow's hierarchy of needs pyramid contains interdisciplinary components. It includes aspects of all three areas of knowledge that you have studied in this course (humanities, social sciences, and natural sciences) and includes disciplines ranging from biology to art and creativity. You have identified and defined the disciplines associated with each of Maslow's needs levels. You have also explored each level in the context of your own life. In your conclusion, give us your critical analysis of these two questions: Does Maslow's research reveal to us that in order to achieve our full potential we need to be an interdisciplinary person and thinker? Why or why not? Be specific and explain your answers. Does Maslow's research reveal to us that the key to self-actualization is interdisciplinarity? Why or why not? Be specific and explain your answers.