Diets and Ingredients Academic Level : Bachelor Paper details Paper must be minimum of 3 pages in length and done in 12 point font and include a work’s cited page. You will be researching TWO alternative diets and THREE alternative ingredients. For the diets, you must have the following information: -How long has this diet been around? Who developed it? (if known) -What is the purpose of this diet? -What items CANNOT be consumed on this diet that are specific to baking/pastry? -How many people are thought to follow this diet? (if able to find) For the alternative ingredient you must have the following information: -How is this item manufactured? -Is it difficult or easy to grow/make? -What diets would use this product? -What are the advantages and disadvantages to bakers/pastry chefs using this product?