What is a theory?

Theory can be defined as “one or more relatively concrete and specific concepts that are derived from a conceptual model, the propositions that narrowly describe those concepts, and the propositions that state relatively concrete and specific relations between two or more concepts” (Butts & Rich, 2018, p. 101).

Theory is a hypothesis tested and measured to explain, predict, describe, and prescribe relationships between concepts and is developed through quantitative research.

The difference between a model and a theory is the amount of proof that exists in demonstrating the outcomes they predict. Both models and theories show relationships between concepts.

**Directions**

In this assignment, you will locate a grand and middle-range nursing theory and examine the utility of your chosen theories for guiding research and practice.

You will locate one grand nursing theory and one middle-range nursing theory applied in a research study. You will examine how each theory was applied within the research study and then analyze the utility of grand and middle-range nursing theories to advance the discipline of nursing and its impact upon your advanced nursing practice.

**Assignment Details**

For this Assignment, your paper must be 2 to 4 pages, not including the title and reference pages.

To view the Grading Rubric for this Assignment, please visit the Grading Rubrics section of the Course Resources.

**Assignment Requirements**

Before finalizing your work, you should:

* Minimum requirement of at least five sources of support
* be sure to read the Assignment description carefully (as displayed above);
* consult the Grading Rubric (under the Course Resources) to make sure you have included everything necessary; and
* utilize spelling and grammar check to minimize errors.

Your writing Assignment should:

* follow the conventions of Standard English (correct grammar, punctuation, etc.);
* be well ordered, logical, and unified, as well as original and insightful;
* display superior content, organization, style, and mechanics; and
* use APA 6th Edition