Description Your discussion of the topic statement should examine a minimum of 2 of the following issues: a) The reliability, validity, and utility of an anxiety disorder diagnosis b) The factors underpinning the development and/or course of anxiety. c) Treatment approaches to anxiety disorders. d) Biomarkers and/or behavioural indicators of anxiety. 3. Consider at least 1 of the following models in the context of your essay. a) Clinical Staging model b) HiTOP model c) RDoC model d) Cognitive Behavioral model 4. Your essay must additionally include discussion and logical recommendations regarding useful future directions in addressing the issues that you choose to examine.