Description

Impact of mental diversity in business management and decision making.  
Facotors influencing management behavior: Personal (age and life cycle stage, economic situation,lifestyle,personality and self concept), Social (reference groups, family,Roles and status), Cultural (culture, subculture, social class) and Psychological ( Motivation, perception, learning, beleifs and attitudes)  
Mental health is important at every stage of life.  
Positive effects/benefits of mental health in management and leadership (impact of positive mental management and business success)   
Reduction in anxiety.  
Improved moods.  
Clearer thinking.  
A greater sense of calm or inner peace.  
Increased self-esteem.  
Reduced risk of depression.  
Improvements in relationships  
Optimism that leads to achievement & business success