Description

Impact of mental diversity in business management and decision making.
Facotors influencing management behavior: Personal (age and life cycle stage, economic situation,lifestyle,personality and self concept), Social (reference groups, family,Roles and status), Cultural (culture, subculture, social class) and Psychological ( Motivation, perception, learning, beleifs and attitudes)
Mental health is important at every stage of life.
Positive effects/benefits of mental health in management and leadership (impact of positive mental management and business success)
Reduction in anxiety.
Improved moods.
Clearer thinking.
A greater sense of calm or inner peace.
Increased self-esteem.
Reduced risk of depression.
Improvements in relationships
Optimism that leads to achievement & business success