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| Assignment 1: “Captain of the Ship” Project – Obsessive-Compulsive Disorders |
|  | *Academic Level :*Professional |
| *Paper details*In earlier weeks, you were introduced to the concept of the “captain of the ship.” In this Assignment, you become the “captain of the ship” as you provide treatment recommendations and identify medical management, community support resources, and follow-up plans for a client with an obsessive-compulsive disorder.Students will:Recommend psychopharmacologic treatments based on therapeutic endpoints for clients with obsessive-compulsive disordersRecommend psychotherapy based on therapeutic endpoints for clients with obsessive-compulsive disordersIdentify medical management needs for clients with obsessive-compulsive disordersIdentify community support resources for clients with obsessive-compulsive disordersRecommend follow-up plans for clients with depression disordersTo prepare for this Assignment:Select an adult or older adult client with an obsessive-compulsive disorder you have seen in your practicum.In 3–4 pages, write a treatment plan for your client in which you do the following:Describe the HPI and clinical impression for the client.Recommend psychopharmacologic treatments and describe specific and therapeutic endpoints for your psychopharmacologic agent. (This should relate to HPI and clinical impression.)Recommend psychotherapy choices (individual, family, and group) and specific therapeutic endpoints for your choices.Identify medical management needs, including primary care needs, specific to this client.Identify community support resources (housing, socioeconomic needs, etc.) and community agencies that are available to assist the client.Recommend a plan for follow-up intensity and frequency and collaboration with other providers. |