Holistic Health

**Paper details:**

1-Discuss a) the difference between an experimental versus an observational study and, b) the implications for clinical treatment strategies. 2-Discuss the implications of man's evolutionary origins that are related to health as well as the onset of disease and/or dysfunctional behaviors. 3-From a somatic perspective discuss a) how back pain develops and then, b) describe a holistic process of re-education. 4-Define: Sensory-motor amnesia, red light reflex, Landau reaction, Alexander Technique, Feldenkrais, biofeedback, therapeutic touch, one pointing, image­ry and visualization, placebo and nocebo, false positive, false negative, nosocomial disease, observational study, learned disuse.