Essay reflecting on the results of the self-assessment questionnaire and leadership style (as identified in the attached podcast-word file), and how this may affect healthcare practice.   
Include an action plan as appendices.  
  
1. Identify the values, principles, professional behaviours and policies that underlie nursing practice and leadership.  
2. Demonstrate a clear understanding of professional responsibility and accountability in ensuring transparency in nursing practice in order to protect the public.  
3. Assess and reflect on your capacity to develop your professional knowledge and skills.  
  
This is a reflective essay,can be written in the first person. You do not have to use a reflective model, however may want to consider one to help you structure the assignment for example Borton and Boud’s model (what, so what and how what).  
Introduction (300 words)-Short description of what the assignment entails. This is a reflective essay, but you are not expected to use a reflective model to help structure your work. The introduction generally needs to answer these 3 questions:   
a. What? The introduction needs to clearly explain what the reflective essay is about. This section needs to explain in your own words what is required in the assignment brief given above.   
b. How? The second part of the introduction needs to outline how the essay is structured.   
c. Why? An introduction needs to articulate why the topic under consideration is of significance. You can use references her